

## MEDICATIONS THAT MAY INTERFERE WITH SKIN TESTING

Patients scheduled for allergy skin testing must stop taking any medications that contain **antihistamines** as they will affect the results of the test. **Do not discontinue antidepressants/psychotropic medications** without consulting with your prescribing physician.

In general, we ask that you try to avoid these medications for **7 days prior to your appointment**. If you are very sick and can't avoid these medications, you should keep your appointment anyway as we may be able to replace your medications with ones that don't affect the skin testing results. **If you have hives**, do NOT discontinue antihistamines. Allergy testing will probably not be done at the first visit.

As a rule, **asthma medications** (e.g. Singular and inhalers) and **steroid nasal sprays** (e.g. Flonase, Fluticasone, Nasacort, Nasonex) **do NOT affect skin testing results** and should be continued.

### A

Any over the counter medication with the word "Allergy"

Acetaminophen PM

Advil PM

Alavert

Alka-Seltzer Plus

Allegra, Allegra D

Allergy eye drops of any kind

Alprazolam

Amitriptyline

Anafranil

Antivert

Astelin nasal spray

Astepro nasal spray

Atarax

Axid

Azelastine nasal spray or eye drops

### B

Benadryl

Bepreve eye drops

Bromfed

Brompheniramine

### C

Caladryl lotion

Celexa

Chlorpheniramine

Chlortrimeton

Cimetidine

Citalopram

Claritin, Claritin D

Clarinex

Clemastine

Clomipramine

Cyproheptadine

### D

Desipramine

Desloratadine

Dimetapp

Dimenhydrinate

Diphenhydramine

Doxepin

Doxylamine

Dramamine

Dymista nasal spray

### E

Elavil

Elestat eye drops

Emadine eye drops

Excedrin PM

### F

Famotidine

Fexofenadine

Fluoxetine

Fluoxamine

### H

Hydroxyzine

### I

Ibuprofen PM

Imipramine

### K

Ketotifen eye drops

### L

Lexapro

Levocetirizine

Loratadine

**M**

Meclizine

Midol

**N**

Nefazodone

Norpramin

Nortriptyline

Novafed

Nyquil, Nyquil Cough

**O**

Optivar eye drops

Ornade

**P**

Pain medicines with "PM"

Pamelor

Paroxetine

Pataday eye drops

Patanase nasal spray

Patanol eye drops

Paxil

Pediacare Cough Cold

Pediacare Night Rest

Pepcid

Periactin

Phenergan

Phenhydramine

PM formula of all pain medications

Polyhistine CS, DM, or D

Promethazine

Protriptylene

Prozac

**R**

Ranitidine

**S**

Semprex D

Sertraline

Sleeping pills containing PM

Sominex

Surmontil

**T**

Tagamet

Tavist, Tavist D

Tofranil

Tofranil

Trazodone

Triaminic

Trimipramine

Tussionex

Tylenol Allergy

Tylenol PM

**U**

Unisom

**V**

Vistaril

Vicks ZzzQuil, Allergy Relief

**X**

Xanax

Xyzal

**Z**

Zaditor eye drops

Zantac

Zoloft

Zonalon cream

Zyrtec, Zyrtec D